	Plan - Set up	Done	
algal	1. Prepare high concentration lysate and SPE on PPL	yes	
	2. dry extract and determine [DOC] on aliquot	yes	
	3. Make stocks of 1800, 600 and 200 ppm in methanol for 25μL additions	yes	
standards	4. Dissolve standard vial for algae samples to 1ml with 80% methanol	yes	
blanks	5. Combine 4 PPL blank vials to total 400 uL	yes	
	6. Add 150µL of standard mix	yes	
	Plan - sample prep Plan		
1. M sample	1. Take 15 shipped marine samples and dissolve in 100μL LCMS methanol	yes	
	2. Split 50μL to 2 new vials (28 total)	yes	
	3. Dry 30 vials in speedvac at 40degC	yes	
2. A5M sample	1. Take 14 shipped marine samples and dissolve in 100μL 80% methanol	yes	
	2. Split 50μL to 2 new vials (28 total)	yes	
	2. Add 25μL stock 200 ug/mL Algae made in point 3 of setup	yes	
	3. Dry in speedvac at 40degC	yes	
3. A10M sample	1. Take 14 shipped marine samples and dissolve in 100μL 80% methanol	yes	
	2. Split 50μL to 2 new vials (28 total)	yes	
	2. Add 25μL stock 600ug/mL Algae made in point 3 of setup	yes	
	3. Dry in speedvac at 40degC	yes	
4. A100M sample 1. Take 14 shipped marine samples and dissolve in 100μL 80% methanol		yes	
	2. Split 50μL to 2 new vials (28 total)	yes	
	2. Add 25μL stock 1800 ug/mL Algae made in point 3 of setup	yes	
	3. Dry in speedvac at 40degC	yes	
5. A sample	1. Add 25µL stock 1800 ug/mL Algae made in point 3 of setup (28 vials)	yes	
	2. Add 10μL of standard solution made in point 4 of setup	yes	
	3. Dry in speedvac at 40degC	yes	
6. PPL blank sam 1. Add 18 μl of PPL blank made in point 5 of setup (28 vials)		yes	
	3. Dry in fume cupboard	yes	